

## **NORTH MERIDIAN SURGERY CENTER**

POST ANESTHESIA INSTRUCTIONS POST OPERATIVE INSTRUCTIONS
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- REST REMAINDER OF THE DAY
  
- EAT LIGHTLY DAY OF ANESTHESIA – NO GREASY OR SPICY FOODS – REGULAR OR AS TOLERATED THE NEXT DAY
  
- TAKE PAIN MEDICATION (IF ORDERED) WITH FOOD
  
- MAY RESUME HOME MEDICATIONS
  
- DO NOT DRIVE UNTIL YOU CHECK WITH DR. \_\_\_\_\_ OR OFFICE NURSE
  
- DO NOT WORK AROUND STOVE, HEAVY MACHINERY OR POWER EQUIPMENT UNTIL THE NEXT DAY
  
- MAKE NO MAJOR MEDICAL AND/OR LEGAL DECISIONS FOR TWENTY-FOUR (24) HOURS FOLLOWING GENERAL ANESTHESIA
  
- NO ALCOHOLIC BEVERAGES FOR TWENTY-FOUR (24) HOURS AFTER ANESTHESIA

Call your doctor's office or answering service for any problems such as excessive bleeding, excessive pain, excessive swelling, etc.

**Dr. Arbuckle, Dr. Gentile, Dr. Kraemer,**  
**Dr. Macadaeg, Dr. J. Miller, Dr. Reilly,**  
**Dr. Renkens, Dr. Sasso, Dr. Smucker:**  
(317) 228-7000

**Dr. Langhorst, Dr. R. Miller**  
Dr. Langhorst: (317) 802-2490  
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Toll Free: (800) 223-3381  
After hours: (317) 802-2000

**Dr. Gianaris**  
(317) 396-1323  
**Dr. Vitto**  
(317) 396-1417

**OTHER INSTRUCTIONS:**

Drink plenty of fluids; take a stool softener if necessary.

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**THESE INSTRUCTIONS HAVE BEEN EXPLAINED TO ME AND I HAVE RECEIVED A COPY OF THEM**

RECEIVED BY: \_\_\_\_\_  
(Patient or Responsible Adult)

WITNESSED BY: \_\_\_\_\_  
(Name)